

Effects of ginseng saponins on responses induced by various receptor stimuli

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Abstract

We investigated the effects of four ginseng saponins, ginsenoside-Rb₁, -Rg₂, -Rg₃ and -Ro, on the responses induced by receptor stimulation of various stimuli. Ginsenoside-Rg₂ (1–100 μ M) reduced the secretions of catecholamines from bovine adrenal chromaffin cells stimulated by acetylcholine and γ -aminobutyric acid but not by angiotensin II, bradykinin, histamine and neurotensin. In guinea-pig, the ginsenoside also diminished the nicotine-induced secretion of catecholamines from the adrenal chromaffin cells, but it did not affect the muscarine- and the histamine-induced ileum contractions. On the other hand, ginsenoside-Rg₃ (1–100 μ M) reduced not only the acetylcholine-, the γ -aminobutyric acid- and the neurotensin-induced secretions but also, at a higher concentration (100 μ M), the angiotensin II-, the bradykinin- and the histamine-induced secretions from the bovine chromaffin cells. Furthermore, the saponin (3–100 μ M) significantly inhibited the muscarine- and the histamine-induced ileum contractions of the guinea-pig. Ginsenoside-Rb₁ and -Ro had no marked effect on their responses. These results strongly suggest that ginsenoside-Rg₂ is a potent selective blocker of nicotinic acetylcholine and γ -aminobutyric acid receptors (ionotropic receptors) and ginsenoside-Rg₃ is not only a blocker of ionotropic receptors but also an antagonist of muscarinic or histamine receptors. © 1999 Elsevier Science B.V. All rights reserved.

Keywords: Catecholamine secretion; Chromaffin cell; Ginseng saponin; Ginsenoside; Muscarinic receptor; Nicotinic receptor

1. Introduction

The root of *Panax ginseng* C.A. Meyer has been widely used as an important component of many Chinese prescriptions called ‘Kan-Pou medicine’ from ancient times and is now well-known as a natural medicine throughout the world. The drug alone has also been used in various diseases and for health. The oldest Chinese traditional medical book, *Sheng-nong Ben-cao Jing*, mentions that the ginseng root has many effects (e.g., replenishment of vital energy, tranquillization, mood elevation and prevention of aging). Thus, it seems that the ginseng root regulates biological functions and cures a variety of diseases. Among the many effects of the ginseng roots, we focused on the tranquillizing action. The pharmacological effect led us to consider that the ginseng root may affect the nervous

systems. In fact, there are several reports showing that ginseng saponins, which are isolated from the ginseng root, have effects on the nervous systems (Yoshimura et al., 1988; Saito, 1990). However, the mechanism underlying the effects has not yet been well understood.

The adrenal medulla can secrete catecholamines mainly via stimulation of the nicotinic acetylcholine receptors by a physiological secretagogue, acetylcholine, which is released from the terminal of the splanchnic nerve, although it also has several other receptors for stimuli such as histamine, angiotensin II, bradykinin etc. which induce the secretion. Binding of acetylcholine to the nicotinic receptors leads to depolarization of the cell membrane by an influx of Na⁺ through receptor-operated cation channels, causing an influx of Ca²⁺ through voltage-sensitive Ca²⁺ channels and results in catecholamine secretion by exocytosis (Douglas and Poisner, 1961; Wilson and Kirshner, 1977; Holz et al., 1982). Therefore, adrenal chromaffin cells are widely used in studies of catecholamine secretion as a useful model of the sympathetic nervous systems.

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We have demonstrated the effects of two major parts, crude saponin and non-saponin fractions extracted from the ginseng root, on the secretion of catecholamines from bovine adrenal chromaffin cells stimulated by acetylcholine (Kudo et al., 1992). The saponin fraction, but not the non-saponin fraction, significantly inhibited the secretion. The ginseng saponins, which are called ginsenosides, are classified into three major groups, the panaxadiol, panaxatriol, and oleanolic acid groups, on the basis of the chemical structures of their sapogenins (aglycones). At present, more than 30 kinds of ginsenosides are found in the ginseng root. All ginseng saponins (1–100 μ M) (panaxadiol saponins: ginsenoside-Rb₁, -Rb₂, -Rb₃, -Rc, -Rd, -Rg₃, -Rh₂, -Rs₁; panaxatriol saponins: ginsenoside-Re, -Rf, -Rg₁, -Rg₂, -Rh₁) except for ginsenoside-Ro (oleanolic acid saponin), which were used in the study, had a tendency to reduce the acetylcholine-evoked secretion from the cells. The inhibitory effects of the panaxatriol saponins were much greater than those of the panaxadiols. Other plant saponins, such as saikosaponin-a, glycyrrhizin and cardiac glycosides, digitoxin and digoxin, had no significant inhibitory effect on the secretion, suggesting that the inhibitory effects of ginsenosides on the acetylcholine-evoked secretion are a unique property of the ginseng (Tachikawa et al., 1995; Kudo et al., 1998).

Furthermore, we explored the mechanism of ginsenoside inhibition on the secretion using ginsenoside-Rg₂ that

showed the greatest inhibition among the ginsenosides tested and suggested that ginsenoside-Rg₂ acts on the nicotinic acetylcholine receptor-operated cation channels, inhibits Na⁺ influx through the channels and consequently reduces both Ca²⁺ influx and catecholamine secretion in the cells (Tachikawa et al., 1995).

In this study, therefore, to investigate the influences of ginseng saponins on other receptors besides the nicotinic acetylcholine receptors, we examined the effects of representative ginseng saponins of three groups (panaxadiols: ginsenoside-Rb₁ and -Rg₃; panaxatriols: ginsenoside-Rg₂; oleanolic acid: ginsenoside-Ro) on the secretion of catecholamines from bovine and guinea-pig adrenal chromaffin cells and on the contraction of the ileum in the guinea-pig induced by various receptor stimulants (γ -aminobutyric acid (GABA), histamine, bradykinin, angiotensin II, neurotensin and muscarine).

2. Materials and methods

2.1. Materials

Ginsenosides were kindly supplied by Korea Tobacco and Ginseng and Japan Korea Red Ginseng (Kobe, Japan). The purities of the ginsenosides were checked by thin

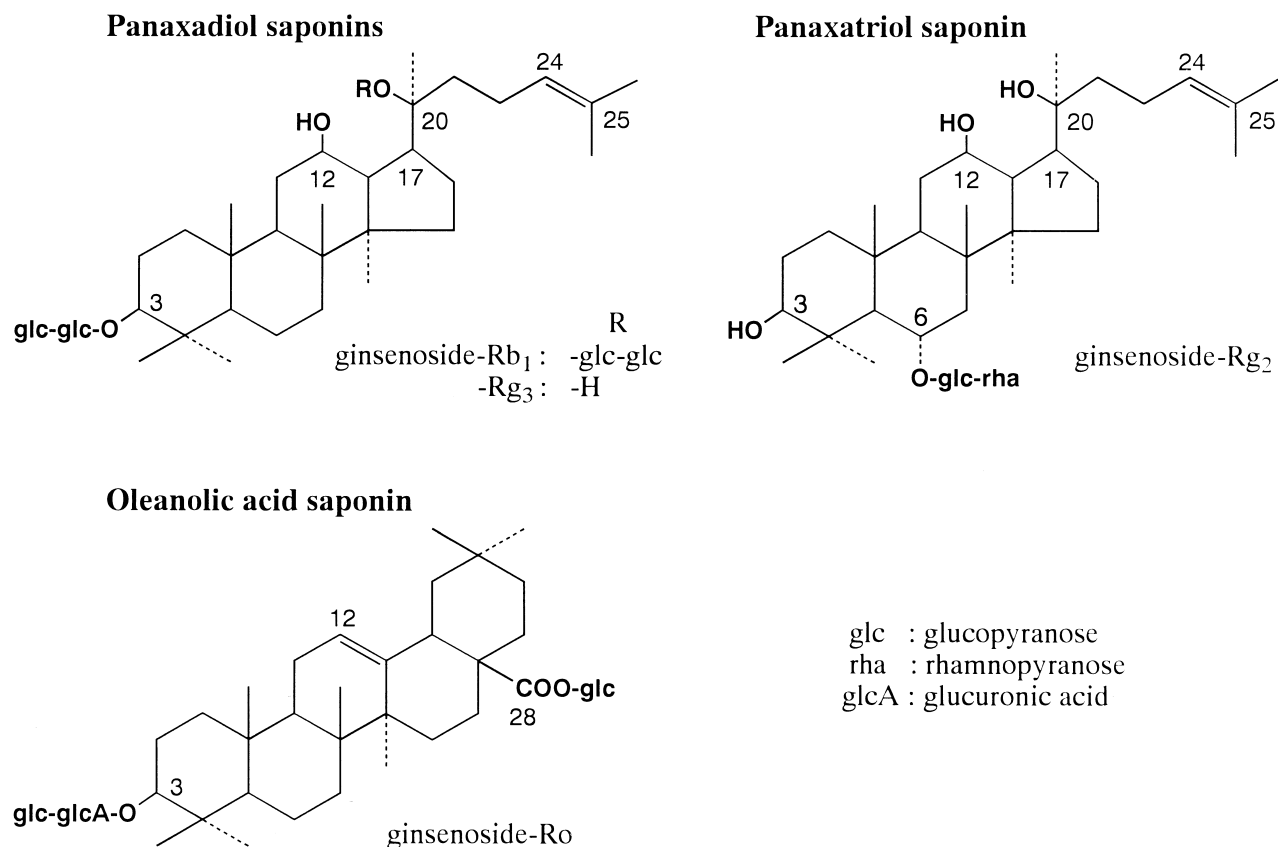


Fig. 1. Structures of ginsenosides.

layer chromatography and nuclear magnetic resonance according to the method of Kawashima and Samukawa (1986), and they were found to be more than 98% pure. The ginsenosides were dissolved in dimethyl sulfoxide. The concentration of dimethyl sulfoxide in the incubation medium was 1%, which had no effect on the secretion of catecholamines from bovine and guinea-pig adrenal chromaffin cells and on the ileum contraction in the guinea-pig under the conditions used in this study. Oxygenated Krebs–Ringer–HEPES buffer (KRH buffer) (pH 7.4) was used as an incubation medium for the chromaffin cells and was composed of (mM) 125 NaCl, 4.8 KCl, 2.6 CaCl₂, 1.2 MgSO₄, 25 HEPES, 5.6 glucose, and 0.5% bovine serum albumin. Oxygenated Tyrode solution was also used as an incubation medium for the ileum and was composed of (mM) 137 NaCl, 2.7 KCl, 1.8 CaCl₂, 1.1 MgCl₂, 0.4 NaH₂PO₄, 12 NaHCO₃ and 5.6 glucose and was adjusted

to pH 7.8, when equilibrated with oxygen. Tissue culture instruments were obtained from the Falcon Plastics (Cockeysville, MD, USA). Angiotensin II, bradykinin and neurotensin were purchased from UCB-Bioproducts (Brussels, Belgium), and (±)-muscarine was from Sigma (St. Louis, MO, USA). γ -Aminobutyric acid was from Wako (Osaka, Japan). Eagle's minimum essential medium was obtained from Nissui Seiyaku (Tokyo, Japan). Calf serum and acetylcholine were obtained from Nacalai Tesque (Kyoto, Japan). All other chemicals were of the highest grade available from commercial sources.

2.2. Isolation and primary culture of bovine adrenal chromaffin cells

Bovine adrenal glands were kindly provided by the Center of Iwate Livestock Industry. Adrenal chromaffin

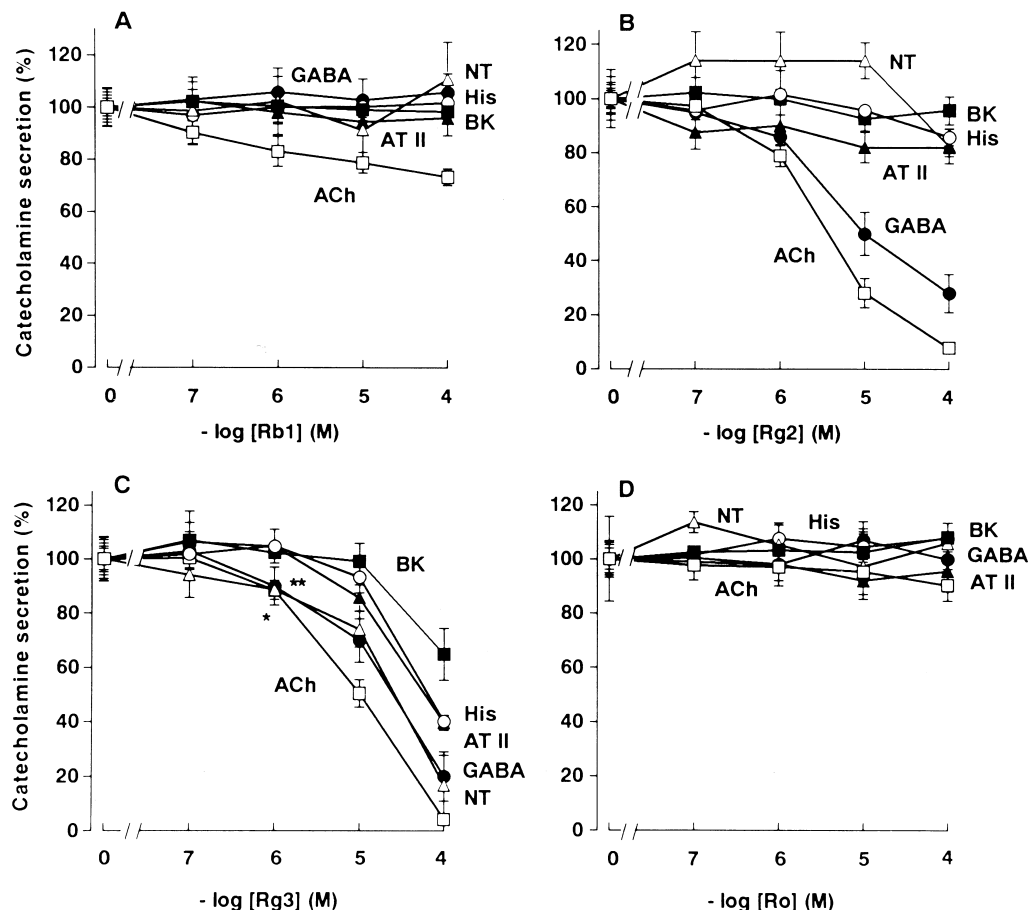


Fig. 2. Effects of different concentrations of ginsenoside-Rb₁, -Rg₂, -Rg₃ and -Ro on the secretion of catecholamines from bovine adrenal chromaffin cells induced by various stimuli. The isolated bovine adrenal chromaffin cells were cultured for four days and washed twice with prewarmed KRH buffer. The cells were preincubated with different concentrations of ginsenoside-Rb₁ (A), -Rg₂ (B), -Rg₃ (C), or -Ro (D) for 10 min at 37°C and then incubated with or without 100 μ M acetylcholine (ACh; \square) for 7 min, or 100 nM angiotensin II (AT II; \blacktriangle), 10 nM bradykinin (BK; \blacksquare), 40 μ M γ -aminobutyric acid (GABA; \bullet), 10 μ M histamine (His; \circ) or 20 μ M neurotensin (NT; \triangle) for 30 min in the presence or absence of each ginsenoside used above. Catecholamines secreted from the cells into the medium were determined as described in Section 2. The values of the basal secretion were subtracted from the data, and the various stimuli-induced responses were assigned the value of 100%. The acetylcholine-, the angiotensin II-, the bradykinin-, the γ -aminobutyric acid-, the histamine- and the neurotensin-induced secretions were 29.5 ± 1.7 , 1.9 ± 0.2 , 3.5 ± 0.3 , 1.6 ± 0.1 , 6.5 ± 0.3 and $1.3 \pm 0.1\%$ of total cellular catecholamines, respectively. The basal secretion was $0.4 \pm 0.1\%$. Values are means \pm S.D. from at least four experiments. * $P < 0.01$; significantly different from the neurotensin-induced secretion. ** $P < 0.01$; significantly different from the γ -aminoisobutyric acid-induced secretion.

cells were prepared by the method of collagenase digestion as previously described elsewhere (Tachikawa et al., 1991). The isolated cells were suspended in Eagle's minimum essential medium containing 10% calf serum and antibiotics (100 units/ml penicillin, 100 μ g/ml streptomycin, and 0.3 μ g/ml amphotericin B) and were plated on 35-mm dishes at a density of 2×10^6 cells. The cells were cultured at 37°C in a CO₂ incubator (95% air and 5% CO₂) for 4 days. A total of 2×10^6 cells contained 34.7 ± 3.8 μ g of catecholamines as epinephrine and norepinephrine.

2.3. Isolation of guinea-pig adrenal chromaffin cells

Guinea-pig adrenal chromaffin cells were prepared by the method of collagenase digestion of Hochman and Perlman (1976). Briefly, male guinea-pigs (Hartley strain) weighing 400–500 g were killed by being stunned and bled via the carotid arteries. In each experiment, adrenal glands from 10–12 guinea-pigs were used. After collagenase digestion of the adrenal glands, the isolated chromaffin cells were fully washed and suspended in KRH buffer at a density of $6\text{--}7 \times 10^5$ cells/ml. The viability of the

cells, determined by the Trypan blue exclusion test, was more than 95%.

2.4. Measurements of catecholamine secretion

After 4 days of culturing, the bovine chromaffin cells were washed twice with KRH buffer and then preincubated with or without ginsenosides in KRH buffer for 10 min at 37°C. The cells were incubated with or without stimulus for 7 or 30 min in the presence or absence of each ginsenosides used above. The chromaffin cells of guinea-pigs were preincubated with or without ginsenosides for 10 min at 37°C and then incubated with or without stimuli for 20 min. The reaction was terminated by transferring the incubation medium to tubes in an ice-cold bath. The catecholamines secreted into the medium were extracted with 0.4 M perchloric acid and absorbed on aluminum hydroxide (Tachikawa et al., 1995). Their amounts were estimated by the ethylenediamine condensation method (Weil-Malherbe and Bone, 1952), using a fluorescence spectrophotometer (650-10S; Hitachi, Tokyo, Japan) at an excitation wavelength of 420 nm and an emission wave-

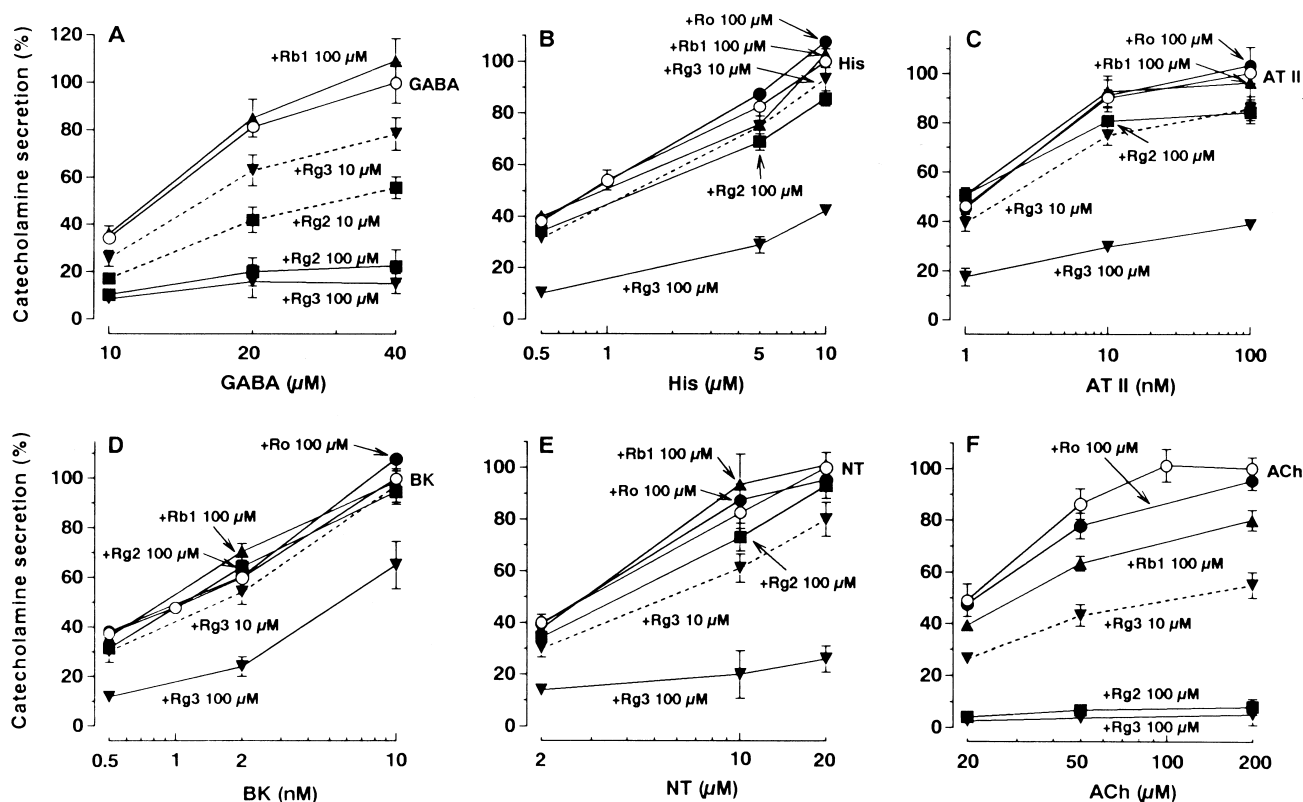


Fig. 3. Effects of ginsenoside-Rb₁, -Rg₂, -Rg₃ and -Ro on the secretion of catecholamines from bovine adrenal chromaffin cells induced by different concentrations of stimuli. The cultured cells were preincubated with ginsenoside-Rb₁ (100 μ M), -Rg₂ (10 and 100 μ M), -Rg₃ (10 and 100 μ M) or -Ro (100 μ M) for 10 min at 37°C and then incubated with or without different concentrations of γ -aminobutyric acid (GABA; A) (10–40 μ M), histamine (His; B) (500 nM–10 μ M), angiotensin II (AT II; C) (1–100 nM), bradykinin (BK; D) (500 pM–10 nM), neurotensin (NT; E) (2–20 μ M) for 30 min or acetylcholine (ACh; F) (20–200 μ M) for 7 min in the presence or absence of each ginsenoside used above. Catecholamines secreted from the cells into the medium were determined as described in Section 2. The values of the basal secretion were subtracted from the data, and the various stimuli-induced maximal responses were assigned the value of 100%. Values are means \pm S.D. from at least four experiments.

length of 540 nm. At these wavelengths, epinephrine and nor-epinephrine showed the same fluorescence intensity.

2.5. Isolation and contraction of guinea-pig ileum

The ileum of starved (48 h) male guinea-pigs (400–500 g) was isolated and washed with Tyrode solution. One end of the muscle with a length of 3 cm was fixed, while the other end was connected to a light lever; it was suspended in the solution in a glass chamber of 10-ml capacity bubbled with oxygen for 30 min at 35°C. The ileum was preincubated with or without ginsenosides for 1 min and then incubated with or without various stimuli. The contractions of the muscle were recorded by an isotonic transducer (TD 112 S; Nihon Kohden Tokyo, Japan). An initial load of 0.5 g was applied to the muscle.

2.6. Statistics

Statistical calculations were made according to the methods of Snedecor and Cochran (1967). Differences were considered significant when *P* calculated by Student's *t*-test was < 0.05.

3. Results

3.1. Effects of ginsenosides on catecholamine secretion from bovine adrenal chromaffin cells stimulated by γ -aminobutyric acid, histamine, angiotensin II, bradykinin and neurotensin

First, we examined the effects of the panaxadiol saponins ginsenoside-Rb₁ and -Rg₃, the panaxatriol saponin ginsenoside-Rg₂ and the oleanolic acid saponin ginsenoside-Ro (Fig. 1) on the secretion of catecholamines

Table 1

IC₅₀ values of ginsenoside-Rg₂ and -Rg₃ on various stimuli-induced catecholamine secretions from bovine adrenal chromaffin cells

Stimuli	IC ₅₀ (μ M)	
	Ginsenosides	
	Rg ₂	Rg ₃
ACh	4	10
GABA	10	26
His	—	62
AT II	—	64
BK	—	> 100
NT	—	28

The IC₅₀ values were evaluated from the log dose–response curve of the ginsenosides on the acetylcholine (ACh) (at 100 μ M)-, γ -aminobutyric acid (GABA) (at 40 μ M)-, histamine (His) (at 10 μ M)-, angiotensin II (AT II) (at 100 nM) -, bradykinin (BK) (at 10 nM)- or neurotensin (NT) (at 20 μ M)-induced secretion of catecholamines.

—: No inhibition.

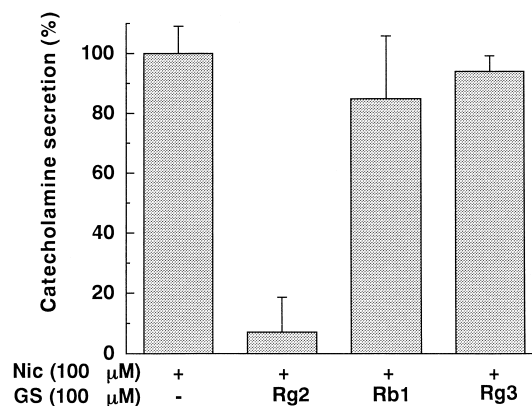


Fig. 4. Effects of ginsenoside-Rb₁, -Rg₂ and -Rg₃ on the secretion of catecholamines from guinea-pig adrenal chromaffin cells stimulated by nicotine. The isolated cells were preincubated with ginsenoside (GS) -Rb₁, -Rg₂ or -Rg₃ (100 μ M) for 10 min at 37°C and then incubated with or without 100 μ M nicotine (Nic) in the presence or absence of the ginsenosides used above for 20 min. Catecholamines secreted from the cells into the medium were determined as described in Section 2. The value of the basal secretion was subtracted from the data, and the nicotine-induced response was assigned the value of 100%. The nicotine-induced secretion was $10.0 \pm 0.3\%$ of total cellular catecholamines. The basal secretion was $6.3 \pm 0.2\%$. Values are means \pm S.D. from at least four experiments.

from bovine adrenal chromaffin cells stimulated by various stimuli. The bovine chromaffin cells secrete catecholamines via stimulation of each receptor by γ -aminobutyric acid (Kitayama et al., 1990), histamine (Schneider, 1969; Livett and Marley, 1986), angiotensin II (Noble et al., 1988; O'Sullivan and Burgoyne, 1989), bradykinin (O'Sullivan and Burgoyne, 1989; Bunn, 1990) or neurotensin (Noble et al., 1988; Bunn, 1990) (Figs. 2 and 3). As shown in Fig. 2C, ginsenoside-Rg₃ (1–100 μ M) had a tendency to diminish all their stimuli-induced secretions. The saponin inhibited both the γ -aminobutyric acid (at 40 μ M)-induced and the neurotensin (at 10 μ M)-induced secretions more strongly than the others. The ginsenoside-Rg₃ inhibitions of the γ -aminobutyric acid-induced and the neurotensin-induced responses were detected at 1 μ M, and at 10 and 100 μ M, they were 25 and 26%, and 81 and 83%, respectively, while the inhibitions of other stimuli-induced secretions were not observed at 10 μ M. The 50% inhibitory concentration (IC₅₀) values for ginsenoside-Rg₃ on various stimuli-induced catecholamine secretions were as follows (μ M): 26 (γ -aminobutyric acid), 28 (neurotensin), 62 (histamine), 64 (angiotensin II) and > 100 (bradykinin) (Table 1). Ginsenoside-Rg₂ also strongly inhibited the γ -aminobutyric acid-induced secretion, but it did not alter the histamine-, the angiotensin II-, the bradykinin- and the neurotensin-induced secretions (Fig. 2B). The IC₅₀ values for ginsenoside-Rg₂ on the γ -aminobutyric acid-induced secretion was 10 μ M (Table 1). On the other hand, ginsenoside-Rb₁ and -Ro had no effect on their secretions (Fig. 2A,D). As previously reported (Tachikawa et al., 1995; Kudo et al., 1998), the acetylcholine-evoked secre-

tion was strongly inhibited by ginsenoside-Rg₂ and -Rg₃ (IC₅₀ = 4 and 10 μ M) (Fig. 2B,C and Table 1). Although each stimulus was used at the concentrations which cause a maximal secretion (angiotensin II, 100 nM; bradykinin, 10 nM; γ -aminobutyric acid, 40 μ M; histamine, 10 μ M; neurotensin, 20 μ M) (Fig. 2), even at the lower concentrations (angiotensin II, 1–10 nM; bradykinin, 500 pM–2 nM; γ -aminobutyric acid, 10–20 μ M; histamine, 500 nM–5 μ M; neurotensin, 2–10 μ M), the inhibitory effects of the ginsenosides on the secretion were the same as those at the maximal concentrations (Fig. 3).

3.2. Effects of ginsenoside-Rb₁, -Rg₂ and -Rg₃ on catecholamine secretion from guinea-pig chromaffin cells stimulated by nicotine

To further confirm the actions of ginsenosides on nicotinic acetylcholine receptors, using guinea-pig adrenal chromaffin cells, we examined the effects of ginsenoside-Rb₁, -Rg₂ and -Rg₃ on the nicotine-induced catecholamine secretion. Ginsenoside-Rg₂ (100 μ M) greatly reduced the nicotine-induced secretion from the chromaf-

fin cells, whereas ginsenoside-Rb₁ and -Rg₃ did not affect it (Fig. 4).

3.3. Effects of ginsenosides on muscarine-induced contraction of ileum in guinea-pig

Guinea-pig ileum contracts via stimulation of a variety of receptors. Muscarine produced the contraction in a concentration-dependent manner (30 nM–3 μ M) as shown in Fig. 5. Ginsenoside-Ro and -Rg₂ even at a higher concentration (100 μ M) scarcely affected the muscarine-induced contraction (Fig. 5A,B). On the other hand, ginsenoside-Rg₃ at concentrations of 3–100 μ M gave a parallel shift to the right of the concentration–response curve to muscarine (Fig. 5D). The Schild plot analysis showed that the slope of ginsenoside-Rg₃ was 0.70, suggesting that the mode of the ginsenoside-Rg₃ antagonism is unsurmountable (Table 2). The IC₅₀ value for the saponin on the contraction induced by 300 nM muscarine whose concentration caused the submaximal response was 17 μ M (Table 2). Ginsenoside-Rb₁, the same panaxadiol, at a higher concentration (100 μ M) suppressed the contraction

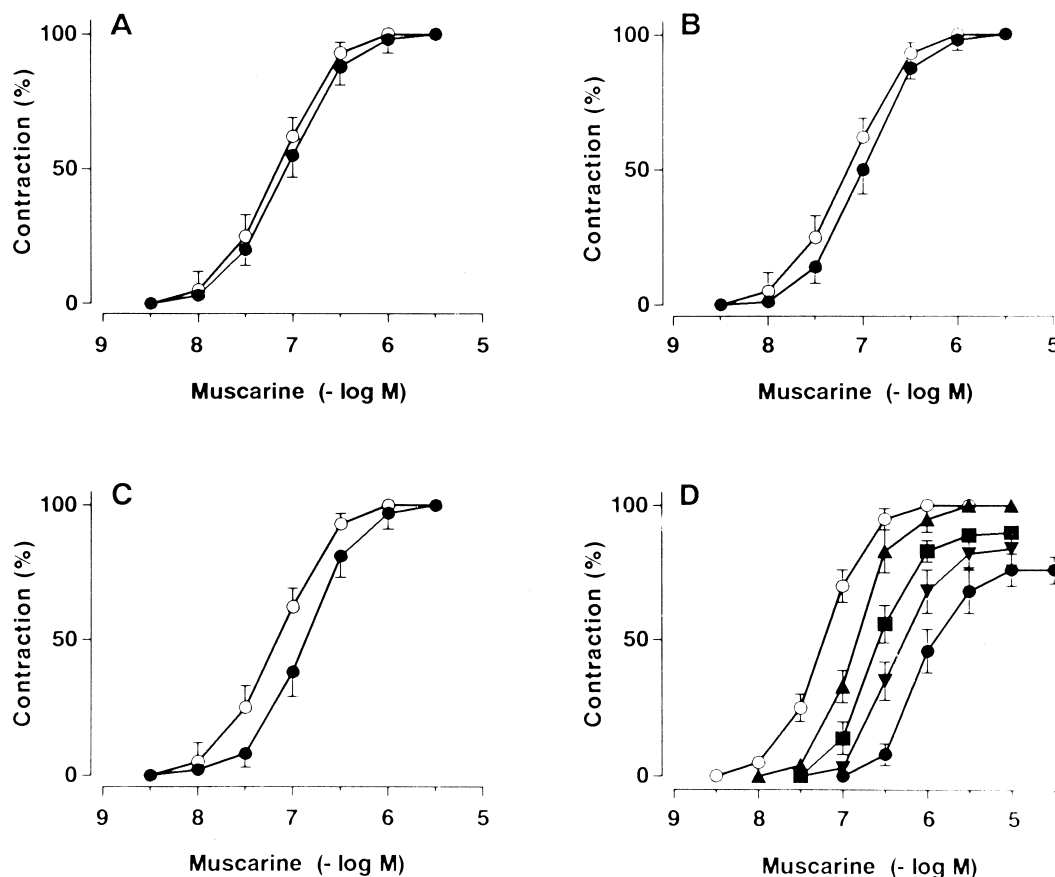


Fig. 5. Effects of ginsenoside-Rb₁, -Rg₂, -Rg₃ and -Ro on guinea-pig ileum contraction induced by muscarine. The isolated ileum was preincubated without (○) or with ginsenoside-Ro (100 μ M; ●) (A), -Rg₂ (100 μ M; ●) (B), -Rb₁ (100 μ M; ●) (C) or -Rg₃ (3; ▲, 10; ■, 30; ▼ and 100 μ M; ●) (D) in the medium for 1 min, and muscarine (3 nM–30 μ M: final concentrations) was then added to the medium. The ileum contractions were determined as described in Section 2. The maximal contraction induced by 3 μ M muscarine was expressed as 100%. Values are means \pm S.D. from at least four experiments.

Table 2

Effects of ginsenoside-Rg₃ on muscarine- and histamine-induced ileum contractions in guinea-pig

Stimuli	Ginsenoside-Rg ₃	
	IC ₅₀ (μM)	Slope
Mus	17	0.70
His	14	1.46

The IC₅₀ values were evaluated from the log dose–response curve of ginsenoside-Rg₃ on the muscarine (Mus) (at 300 nM)- and the histamine (His) (at 3 μM)-induced ileum contractions in guinea-pig. The value of the slope was obtained by the Schild plot analysis.

induced by the lower concentrations of muscarine (30–300 nM; Fig. 5C).

3.4. Effects of ginsenosides on histamine-induced contraction of ileum

Histamine also contracted the ileum in a concentration-dependent manner (300 nM–10 μM) (Fig. 6). Ginsenoside-Rg₃ at concentrations of 3–100 μM gave a parallel

shift to the right of the concentration–response curve to histamine (Fig. 6D). The Schild plot analysis showed that the slope of ginsenoside-Rg₃ was 1.46, suggesting that the mode of the ginsenoside-Rg₃ antagonism is also unsurmountable (Table 2). The IC₅₀ value of the saponin on the contraction induced by 3 μM histamine whose concentration caused the submaximal responses was 14 μM (Table 2). On the other hand, neither ginsenoside-Ro, -Rg₂ nor -b₁ (100 μM) affected the contraction (Fig. 6A,B,C).

Muscarine and histamine receptors is considered to be also present in neural and mast cells in the isolated ileum as well as in the muscle. Therefore, we examined the effect of ginsenoside-Rg₃ on the muscarine-induced and the histamine-induced contractions of the ileum in the presence of hexamethonium (1 μM), atropine (100 nM) or diphenhydramine (200 nM) at the concentrations which did not affect other receptors. The muscarine (at 50 nM)-induced contraction was not altered by hexamethonium or diphenhydramine and also the histamine (200 nM)-induced contraction was not influenced by hexamethonium or atropine. Under these conditions, the ginsenoside-Rg₃ inhibition of the ileum contraction was still maintained (data not shown).

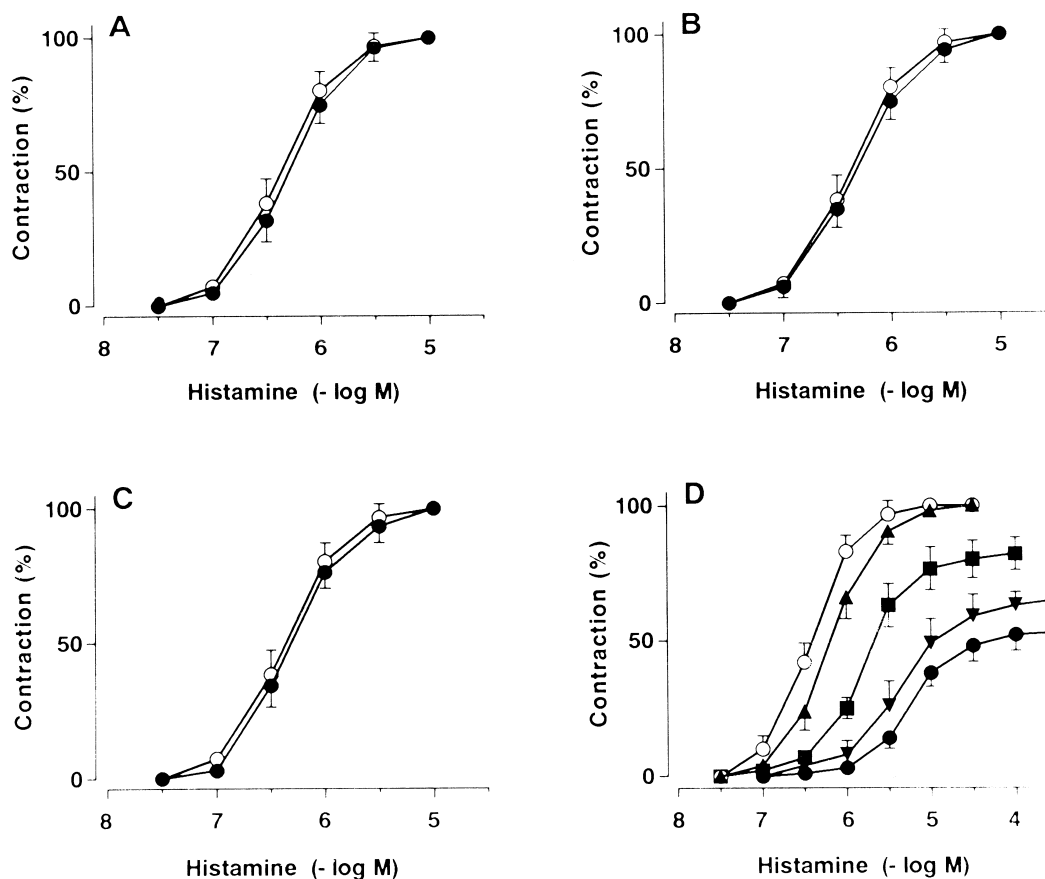


Fig. 6. Effects of ginsenoside-Rb₁, -Rg₂, -Rg₃ and -Ro on guinea-pig ileum contraction induced by histamine. The ileum was preincubated without (○) or with ginsenoside-Ro (100 μM; ●) (A), -Rg₂ (100 μM; ●) (B), -Rb₁ (100 μM; ●) (C) or -Rg₃ (3; ▲, 10; ■, 30; ▼, and 100 μM; ●) (D) in the medium for 1 min and histamine (His; 30 nM–300 μM) was added to the medium. The ileum contractions were determined as described in Section 2. The contraction induced by 10 μM histamine was expressed as 100%. Values are means ± S.D. from at least four experiments.

4. Discussion

In this study, we demonstrated the influences of representative ginseng saponins (ginsenosides) of each group (the panaxatriols, the panaxadiols and the oleanolic acid) on the responses to various receptor stimuli. The effects of ginsenosides on receptor stimulation-responses are summarized in Table 3. In bovine adrenal chromaffin cells, acetylcholine and γ -aminobutyric acid cause the secretion of catecholamines via stimulation of the nicotinic receptors and the GABA_A receptors, respectively, which are ionotropic receptors (Kitayama et al., 1990; Tachikawa et al., 1995). On the other hand, other stimuli, angiotensin II, bradykinin, histamine and neurotensin, stimulate each GTP-binding protein coupled receptors and produce the secretion (Schneider, 1969; Livett and Marley, 1986; Noble et al., 1988; O'Sullivan and Burgoyne, 1989; Bunn, 1990).

We have already shown that ginsenoside-Rg₂, a panaxatriol saponin, inhibits Na⁺ influx due to directly antagonizing nicotinic acetylcholine receptor-operated cation channels and consequently reduces the secretion of catecholamines in bovine adrenal chromaffin cells (Tachikawa et al., 1995). Also in the present study, ginsenoside-Rg₂ strongly inhibited the nicotine-induced secretion of catecholamines in the adrenal chromaffin cells of the guinea-pig (Fig. 4), confirming that ginsenoside-Rg₂ acts on the nicotinic receptors. The saponin also inhibited the catecholamine secretion from bovine adrenal chromaffin cells induced by γ -aminobutyric acid (Fig. 2B, Fig. 3A and Table 3). On the other hand, the muscarine-, the histamine-, the angiotensin II-, the bradykinin-, and the neurotensin-induced responses were not at all affected by ginsenoside-Rg₂ (Figs. 2, 3, 5 and 6 and Table 3). The GABA_A receptors are ionotropic receptors selective in Cl[−] and are pentameric oligomers, which consist of four kinds of subunits (Parramón et al., 1995), similar to the nicotinic acetylcholine receptors selective in cations. Thus, the antago-

nism of ginsenoside-Rg₂ seems to be selective for ionotropic receptors. Therefore, their receptors may have a common site to be sensitive to the saponin.

Panaxadiol saponins have shown very feeble inhibition of the acetylcholine-induced catecholamine secretion in bovine adrenal chromaffin cells (Tachikawa et al., 1995). However, contrary to our expectation, ginsenoside-Rg₃ in the panaxadiols produced a great inhibition of the secretion comparable to the ginsenoside-Rg₂ inhibition. The inhibitory effect of ginsenoside-Rg₃ was also caused by affecting nicotinic acetylcholine receptor-channels (Kudo et al., 1997). In this study, ginsenoside-Rg₃ (1–100 μ M) strongly reduced the γ -aminobutyric acid-induced secretion from the bovine cells (Fig. 2C, Fig. 3A and Table 3). Furthermore, ginsenoside-Rg₃ strongly inhibited the muscarine- and the histamine-induced ileum contractions of the guinea-pig (Fig. 5D, Fig. 6D and Table 3). This evidence strongly indicates that ginsenoside-Rg₃ blocks not only ionotropic receptors but also muscarinic acetylcholine and histamine receptors. However, the inhibitory effect of ginsenoside-Rg₃ on the histamine-induced catecholamine secretion was not so strong (Fig. 2C, Fig. 3B and Table 3), suggesting that the subtypes of histamine receptors in the guinea-pig ileum may be distinct from those in the bovine cells. On the other hand, the ginsenoside (1–100 μ M) greatly diminished the neurotensin-induced secretion in the bovine cells in a concentration-dependent manner (Fig. 2C, Fig. 3E and Table 3). The enhancement of the hydrolysis of phosphatidylinositides induced by neurotensin in bovine adrenal chromaffin cells appears to be mediated by neurotensin NT₂ receptors (Bunn, 1990). Ginsenoside-Rg₃, therefore, may also behave as a blocker to neurotensin NT₂ receptors. Further analysis of the ginsenoside-Rg₃ antagonism to the receptors is needed.

On the other hand, in the guinea-pig chromaffin cells, ginsenoside-Rg₃ did not suppress the nicotine-induced secretion (Fig. 4), but it inhibited the secretion in the bovine

Table 3
Effects of various ginseng saponins (ginsenosides) on receptor stimulation-responses

Stimuli		Ginsenosides			
		Oleanolic acid	Panaxadiols		Panaxatriols
		Ro	Rb ₁	Rg ₃	Rg ₂
<i>Bovine</i>					
Chromaffin cells	Nicotine	—	±	++	++
	Histamine	—	—	+	—
	Angiotensin II	—	—	+	—
	Bradykinin	—	—	±	—
	Neurotensin	—	—	++	—
	γ -aminobutyric acid	—	—	++	++
<i>Guinea-pig</i>					
Chromaffin cells	Nicotine	ND	—	—	++
Ileum	Muscarine	—	±	++	—
	Histamine	—	—	++	—

—: No effect; ±: slight inhibition; ++: inhibition; +++: strong inhibition; ND: not determined.

cells (Kudo et al., 1998). As mentioned above, neuronal nicotinic acetylcholine receptors are pentameric oligomers consisting of α ($\alpha 2$ – $\alpha 9$)- and β ($\beta 2$ – $\beta 4$)-subunits (Sala et al., 1996). A very recent report suggested that $\alpha 3$, $\beta 4$ and $\alpha 5$ subunits in bovine chromaffin cells participate in the formation of the neuronal receptors involved in triggering the catecholamine secretion (Campos-Caro et al., 1997). Although the constituent subunits of the receptors of guinea-pig chromaffin cells are not yet characterized, they are estimated to be the neuronal type similar to those of the bovine cells. Therefore, there may be subtle differences in their subunits between the bovine and the guinea-pig receptors. Ginsenoside-Rg₃ may recognize such differences.

Ginsenoside-Rg₃ at the higher concentrations suppressed the histamine-, the angiotensin II- and the bradykinin-induced responses in the bovine chromaffin cells (Fig. 2C, Fig. 3B,C,D and Table 3), whereas other ginsenosides tested in this study did not affect them, except for ginsenoside-Rb₁ which somewhat suppressed the muscarine-induced contraction of the ileum (Fig. 5C and Table 3). Ginsenoside-Rg₃ is eluted into a more highly lipophilic fraction by high performance liquid chromatography (Kitagawa et al., 1983; Kitagawa et al., 1987). Hence, the saponin at the higher concentrations probably changes the fluidity of the membranes rather than directly acts on the receptors and may suppress the responses. This view is supported by the fact that ginsenoside-Rg₃ at 100 μ M, but not at lower concentrations, showed the reversibility of the inhibitory effect on the catecholamine secretion less clearly than that of ginsenoside-Rg₂ in the bovine cells (data not shown) (Tachikawa et al., 1995).

Another panaxadiol saponin, ginsenoside-Rb₁, at the high concentration (100 μ M) inhibited the ileum contraction induced by muscarine, whereas it had no effect on all other responses (Fig. 2A, Figs. 3–5C, Fig. 6C and Table 3). On the other hand, only one oleanolic acid saponin, ginsenoside-Ro, did not affect all receptor stimulation-responses (Fig. 2D, Figs. 3 and 5A, Fig. 6A and Table 3). Thus, the effects of ginsenosides on their responses seem to be related to the structures (type of aglycon, and type and number of sugar). The ginseng root has been reported to exhibit many pharmacological effects as a medicine (e.g., replenishment of vital energy, tranquilization, mood elevation and prevention of aging). Therefore, the diverse actions of ginsenosides to receptors may be one of the reasons why the ginseng root has so many effects. An investigation of other ginsenoside effects on the responses is now in progress.

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